

WATERFRONT 5K								
Rockford, Illinois Aug. 30, 2008 8:00 A.M.								
Place	S	Div/Tot	Age	Name	5k	Pace	City	St
=====	=	=====	====	=====	=====	=====	=====	=====
1	M	1/9	23	RYAN GIULIANO	15:39	5:03	SCHAUMBURG	IL
2	M	1/17	31	TONY TEUNISSEN	15:52	5:07	BELVIDERE	IL
3	M	1/20	35	CHRIS SCOTT	16:53	5:26	MORRISON	IL
4	M	1/25	40	CARL NUCCIO	17:09	5:32	ROCKFORD	IL
5	M	2/20	39	TJ FLORES	17:36	5:40	LOVES PARK	IL
6	M	2/25	40	JOE CASICA	17:45	5:43	LOVES PARK	IL
7	F	1/29	37	JESSICA LANGFORD	17:50	5:45	ROCKFORD	IL
8	M	1/14	28	ERIK DRINKA	18:01	5:48	ROCKFORD	IL
9	F	1/18	25	SHANNON FITZGERALD	18:02	5:49	ROCKFORD	IL
10	M	1/22	47	TIM SAGE	18:08	5:51	ROSCOE	IL
11	M	1/18	51	RON LEONHARDT	18:14	5:52	ROCKFORD	IL
12	M	2/17	33	COLIN ANDREWS	18:22	5:55	ROCKFORD	IL
13	M	2/22	47	BRIAN MILLER	18:24	5:56	ROCKFORD	IL
14	M	3/25	43	JAMES SIMMONS	18:30	5:58	ROCKFORD	IL
15	M	4/25	40	DARREN CHRISTY	18:45	6:03	MACHESNEY PARK	IL
16	M	3/22	45	TOM LICHTY	18:47	6:03	MONROE CENTER	IL
17	F	1/10	22	JACQUI AUBERT	18:50	6:04	CRYSTAL LAKE	IL
18	M	1/13	56	BRAD BORN	18:58	6:07	ROCKFORD	IL
19	M	5/25	44	JEFF WINTERNHEIMER	19:08	6:10	ROCKFORD	IL
20	F	2/18	27	JENNIFER NUNEZ	19:13	6:12	ROCKFORD	IL
21	M	2/14	26	JOSH MOCK	19:16	6:12	Rockford	IL
22	M	4/22	45	NICK THOMAS	19:32	6:18	PINEY FLATS	TN
23	M	3/17	34	STEVE REH	19:37	6:19	SYCAMORE	IL
24	M	6/25	40	DAVE PARKS	19:39	6:20	CHERRY VALLEY	IL
25	M	7/25	43	GREG KAZMERSKI	19:41	6:21	LOVES PARK	IL
26	F	1/24	34	DEANNA MENZIES	19:52	6:24	ROSCOE	IL
27	M	5/22	46	PATRICK JOHNSTON	19:58	6:26	ROCKFORD	IL
28	M	2/18	53	CRAIG BARTELT	20:08	6:29	DURAND	IL
29	M	8/25	43	JOHN KUNDE	20:18	6:32	MACHESNEY PARK	IL
30	M	6/22	49	JOHN PRIEVE	20:27	6:35	ROSCOE	IL
31	M	1/14	13	LUKE MILLER	20:27	6:35	LOVES PARK	IL
32	F	2/24	31	JOSCELYN ESPENSEN	20:29	6:36	ROCKFORD	IL
33	M	7/22	48	ALAN WOOLBRIGHT	20:37	6:38	ROSCOE	IL
34	M	3/14	25	CALVIN SHELANGOSKI	20:39	6:39	DUBUQUE	IA
35	M	2/13	55	JEFF MILLER	20:48	6:42	ROCKFORD	IL
36	M	1/6	16	SEAN CONDERMAN	20:50	6:43	STILLMAN VALLEY	IL
37	M	2/14	10	PHILLIP NORDGREN	20:51	6:43	KIRKLAND	IL
38	M	2/6	17	ELIAS HOFFMAN	20:54	6:44	ROCKFORD	IL
39	M	9/25	40	JOHN VIGNA	20:54	6:44	JENISON	MI
40	M	3/20	37	GABE WASSNER	20:57	6:45	ROCKFORD	IL
41	M	10/25	44	GABRIEL SAAVEDRA	21:02	6:47	ROCKFORD	IL
42	M	2/9	20	MICHAEL ST JOHN	21:04	6:47	ROCKFORD	IL
43	M	11/25	41	PAUL GALLAGHER	21:04	6:47	ROCKTON	IL
44	M	4/17	34	MATHEW PARKER	21:06	6:48	ROCKFORD	IL
45	M	3/6	17	BRANDON SEERUP	21:12	6:50	ROCKFORD	IL
46	F	1/4	19	BRITTANY KOTELES	21:13	6:50	BELVIDERE	IL
47	M	3/14	10	DARREN SEERUP	21:15	6:51	ROCKFORD	IL
48	M	12/25	44	RANDY SEERUP	21:16	6:51	ROCKFORD	IL
49	M	4/20	36	JEREMY PETERSON	21:27	6:55	ROCKFORD	IL
50	M	8/22	48	RICK REHFELDT	21:32	6:56	ROCFORD	IL

WATERFRONT 5K								
Rockford, Illinois Aug. 30, 2008 8:00 A.M.								
Place	S	Div/Tot	Age	Name	5k	Pace	City	St
=====	=	=====	===	=====	=====	=====	=====	==
51	M	3/9	21	CHAD TEWELL	21:37	6:58	ROCKFORD	IL
52	M	3/18	50	ANDY FAY	21:41	6:59	ROCKFORD	IL
53	M	3/13	57	JERALD MUELLER	21:41	6:59	ROCKFORD	IL
54	M	9/22	46	BRETT BJORK	21:42	7:00	ROCKFORD	IL
55	M	5/17	31	IAN REYNELL	21:46	7:01	CHICAGO	IL
56	F	3/24	33	LESLIE SCHAEFFER	21:48	7:01	LOVES PARK	IL
57	M	1/11	60	TERRY BRYANT	21:49	7:02	ROSCOE	IL
58	M	2/11	63	LARRY WARD	21:51	7:02	ROCKFORD	IL
59	M	4/18	54	JEFF WYCH	21:57	7:04	GARDEN PRAIRIE	IL
60	M	4/14	12	TOMMY LYNCH	21:59	7:05	ROCKFORD	IL
61	M	10/22	47	DAVE SCHROEPFER	22:01	7:05	BELVIDERE	IL
62	F	1/9	45	TRACY PECK	22:02	7:06	ROCKFORD	IL
63	M	4/13	55	JIM BOVE	22:06	7:07	ROCKFORD	IL
64	M	6/17	31	CHAD DAMIN	22:13	7:09	FREEPORT	IL
65	M	11/22	48	PHIL KEATING	22:19	7:11	ROCKFORD	IL
66	M	4/6	16	WILLIAM GRIESBACH	22:20	7:12	DAVIS JUNCTION	IL
67	M	5/18	51	ROGER ANDERSON	22:37	7:17	ROCKFORD	IL
68	F	3/18	25	MEGAN PIERCE	22:45	7:20	AURORA	IL
69	M	4/9	22	CHRIS PEPPERS	22:51	7:22	ROCKFORD	IL
70	M	5/9	23	DAVID WEDWICK	22:52	7:22	ROCKFORD	IL
71	M	12/22	47	CRAIG ELLIS	22:56	7:23	STILLMAN VALLEY	IL
72	M	4/14	25	MICHAEL WEDWICK, JR	22:58	7:24	ROCKFORD	IL
73	M	5/20	37	CHAD KAEMPFER	23:02	7:25	BELVIDERE	IL
74	M	6/20	37	BOB FREY	23:06	7:27	MACHESNEY PARK	IL
75	M	5/13	57	DAVE DEEM	23:06	7:27	MACHESNEY PARK	IL
76	F	4/24	33	LAYLA WHEELER	23:09	7:27	ROCHELLE	IL
77	M	13/25	44	SCOTT JOHANNES	23:09	7:27	ROCKFORD	IL
78	F	2/10	24	CARLY SOPCK	23:12	7:28		
79	M	7/20	35	CHRIS SLIVA	23:13	7:29	ROCKFORD	IL
80	M	6/13	59	JOE NAMOFF	23:15	7:29	ROCKFORD	IL
81	M	13/22	49	NICK HOTEK	23:17	7:30	IOWA CITY	IA
82	M	14/22	49	MICHAEL GRAY	23:18	7:30	EVIE	IL
83	F	1/16	41	CAROLE BINGLEY	23:19	7:30	ROCKFORD	IL
84	F	2/4	17	CHRISTY TRANK	23:19	7:31	WINNEBAGO	IL
85	M	5/14	13	MIKAEL LEONHARDT	23:22	7:32	ROCKFORD	IL
86	F	2/9	47	DENISE BRAUER	23:24	7:32	WINNEBAGO	IL
87	F	2/29	37	DIANE BATES	23:25	7:33	ROCKFORD	IL
88	F	3/29	36	SHERRI MIOSI	23:26	7:33	ROCKFORD	IL
89	M	6/18	53	VINCE MIOSI	23:27	7:33	ROCKFORD	IL
90	M	7/18	53	BRUCE ATWOOD	23:30	7:34	ROCKFORD	IL
91	M	5/6	19	ABRAM HART	23:31	7:35	ROSCOE	IL
92	M	8/20	38	GLENN SEERUP	23:32	7:35	ROCKFORD	IL
93	F	2/16	44	DOROTHY WIDIGER	23:34	7:35	ROSCOE	IL
94	M	9/20	37	LARRY GRAHAM	23:36	7:36	ROCKFORD	IL
95	F	4/29	35	LISA MARSILI	23:37	7:36	ROCKFORD	IL
96	M	15/22	46	PAUL GRAHAM	23:38	7:37	ROSCOE	IL
97	M	8/18	53	RICHARD APPLE	23:39	7:37	ROCKFORD	IL
98	M	9/18	53	MARK HOFFMAN	23:40	7:37	ROCKFORD	IL
99	M	16/22	46	DOUG KEVERN	23:41	7:38	LOVES PARK	IL
100	M	7/13	55	DAVE LOVE	23:42	7:38	DIXON	IL

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Place	S	Div/Tot	Age	Name	5k	Pace	City	St
=====	=	=====	===	=====	=====	=====	=====	=====
101	F	1/10	12	CHRISTA NORDGREN	23:42	7:38	KIRKLAND	IL
102	M	10/20	38	ANDREW WINKING	23:43	7:38	CHICAGO	IL
103	M	10/18	51	JEFF WALKER	23:48	7:40	ROCKFORD	IL
104	F	2/10	13	MORIAH GRIESBACH	23:51	7:41	DAVIS JUNCTION	IL
105	M	11/18	53	MICHAEL CARROLL	23:54	7:42	WEST CHICAGO	IL
106	F	5/29	36	HEATHER SLIVA	23:58	7:43	ROCKFORD	IL
107	M	17/22	48	ALAN MOLTON	23:59	7:44	ROCKFORD	IL
108	M	18/22	46	MIKE MULFORD	24:00	7:44	ROCKFORD	IL
109	M	14/25	44	STEVE SHRIDER	24:01	7:44	ROSCOE	IL
110	M	3/11	62	JERRY ANTCZAK	24:06	7:46	ROCKFORD	IL
111	M	5/14	27	ANDREW PERALTA	24:16	7:49	Champaign	IL
112	M	15/25	44	BRIAN GORMAN	24:18	7:50	ROCKFORD	IL
113	F	3/10	23	LAUREN COMMARE	24:19	7:50	BELVIDERE	IL
114	M	6/14	29	AARON BUSCEMI	42:20	13:38	ROCKFORD	IL
115	F	3/4	15	STEPHANIE O'DELL	24:22	7:51	BYRON	IL
116	F	3/10	11	LEXI OLSON	24:23	7:51	MARENGO	IL
117	M	4/11	61	TERRY BURGESSON	24:24	7:51	ROCKFORD	IL
118	M	5/11	63	EDWARD CLUCAS	24:25	7:52	ROCKFORD	IL
119	F	6/29	36	DAWN DECKER	24:26	7:52	ROCKFORD	IL
120	M	12/18	53	BRUCE MILNER	24:29	7:53	ROCKFORD	IL
121	M	13/18	53	JEFF WESSMAN	24:41	7:57	ROCKFORD	IL
122	M	16/25	40	MARK ANDERSON	24:48	7:59	ROSCOE	IL
123	M	17/25	44	MARK MENGEL	24:49	8:00	STILLMAN VALLEY	IL
124	F	4/10	22	LEANN BURMEISTER	24:53	8:01	POPLAR GROVE	IL
125	M	6/9	23	BRYAN SVERCAUSKI	24:54	8:01	SYCAMORE	IL
126	M	7/17	30	MATTHEW BLANKENSHIP	25:00	8:03	ROCKFORD	IL
127	M	8/17	31	CHRISTOPHER MUELLER	25:02	8:04	ROCKFORD	IL
128	M	1/4	65	TOM BAKER	25:06	8:05	MACHESNEY PARK	IL
129	F	4/18	29	ANGIE DAMIN	25:07	8:05	FREEPORT	IL
130	M	11/20	37	JOHN ELBERS	25:10	8:06	ROCKFORD	IL
131	F	7/29	35	SHANA PARIS	25:11	8:07	ROCKFORD	IL
132	M	8/13	55	RICHARD FRIDLEY	25:12	8:07	ROCKFORD	IL
133	M	19/22	46	JASON PORTER	25:17	8:09	ROCKFORD	IL
134	F	3/16	42	TET HADAVAS-GRAHAM	25:25	8:11	ROSCOE	IL
135	F	1/8	61	SUSAN CONANT	25:28	8:12	LOVES PARK	IL
136	F	4/16	44	ANNETTE ZAUGG	25:31	8:13	BYRON	IL
137	M	7/14	29	MICHAEL WEBER	25:36	8:15	WOOD DALE	IL
138	F	5/16	44	LAURA JOHANNES	25:37	8:15	ROCKFORD	IL
139	M	20/22	49	BRIAN HARRISON	25:38	8:16	ROCKFORD	IL
140	F	3/9	47	BRENDA SOJKA	25:45	8:18	WINNEBAGO	IL
141	M	9/17	34	ERIK LINDBERG	25:48	8:19	ROCKFORD	IL
142	M	8/14	29	TIMOTHY BLAKENEY	25:49	8:19	ROCKFORD	IL
143	M	12/20	38	MICHAL VANDYKE	25:50	8:19	FONTANA	WI
144	F	5/24	33	TINA PIERCE	25:51	8:20	JANESVILLE	WI
145	M	18/25	44	STEVE NIZNIK	25:52	8:20	ROCKFORD	IL
146	M	9/13	57	BRAD MILNER	26:00	8:22	ROCKFORD	IL
147	F	4/10	11	MOLLY SAGER	26:02	8:23	PECATONICA	IL
148	M	6/14	13	JASON KERESTES	26:04	8:24	LOVES PARK	IL
149	F	5/10	10	CHINAMI KADONO	26:06	8:24	ROCKFORD	IL
150	M	21/22	47	TODD ENNEKING	26:09	8:25	ROCKFORD	IL

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Place	S	Div/Tot	Age	Name	5k	Pace	City	St
=====	=	=====	====	=====	=====	=====	=====	====
151	F	5/18	25	LAURA ZOLPER	26:09	8:25	LOVES PARK	IL
152	M	7/14	11	MATTHEW KERESTES	26:10	8:26	LOVES PARK	IL
153	F	8/29	35	STEPHANIE BENEDETTO	26:11	8:26	ROCKFORD	IL
154	M	14/18	54	RICK ALESHIRE	26:12	8:26	KOKOMO	IN
155	M	8/14	13	SHAGGY VIGNA	26:13	8:27	JENISON	MI
156	F	4/9	46	KRISTY MOORE	26:15	8:27	ROCKFORD	IL
157	F	6/24	33	JILL OLSON	26:16	8:28	MARENGO	IL
158	F	6/10	12	CARLEY GILLESPIE	26:18	8:28	ROCKFORD	IL
159	M	6/11	62	DUANE TESKE	26:24	8:30	ROCKFORD	IL
160	F	6/18	27	LAURA CRANE	26:30	8:32	LAKE IN THE HIL	IL
161	M	9/14	28	JON CRANE	26:31	8:32	LAKE IN THE HIL	IL
162	F	7/24	30	MARISSA HOLMSTROM	26:34	8:33	ROCKFORD	IL
163	M	10/14	29	TIM AUSTIN	26:34	8:33	ROCKFORD	IL
164	F	6/16	40	ANDREA ROSSOW	26:36	8:34	ROCKTON	IL
165	F	5/10	23	REYNA SMITH	26:40	8:35	STERLING	IL
166	F	8/24	30	CHRISTINA BEATY	26:41	8:36	ROCKFORD	IL
167	F	1/5	56	MARGARITA SMITH	26:42	8:36	STERLING	IL
168	M	11/14	28	BRIAN BOND	26:43	8:36	ROCKFORD	IL
169	F	9/24	32	JAIME KING	26:44	8:37	LOVES PARK	IL
170	F	1/10	50	KATHY NORDGREN	26:45	8:37	KIRKLAND	IL
171	M	2/4	66	EDWARD FUJIMOTO	26:46	8:37	ROCKFORD	IL
172	M	7/11	60	ARNE JACOBSEN	26:49	8:38	ROCKFORD	IL
173	F	2/10	51	BARB DOUBEK	26:50	8:39	ROCKFORD	IL
174	M	1/5	73	JIM BARRETT	26:51	8:39	ROCKFORD	IL
175	M	10/17	33	BYRON RAMULT	26:55	8:40	ROCKFORD	IL
176	M	9/14	13	LOGAN CEJKA	27:02	8:43	MACHESNEY PARK	IL
177	F	10/24	34	ALLISON GREGORY	27:11	8:45	NAPERVILLE	IL
178	M	7/9	22	GEORGE SOUTH	27:17	8:47	BELVIDERE	IL
179	M	11/17	31	BEN COMMARE	27:18	8:48	BELVIDERE	IL
180	F	6/10	21	MIRIAM CARLSON	27:19	8:48	ROCKFORD	IL
181	F	7/18	28	LINDSAY BARRON	27:21	8:48	DEKALB	IL
182	F	9/29	36	BROOKE DIERKS	27:31	8:52	ROCKFORD	IL
183	M	10/14	12	BILL SCHWENGELS	27:41	8:55	PECATONICA	IL
184	F	10/29	36	WENDY ROPP	27:42	8:55	ROCKFORD	IL
185	M	2/5	80	A. CESARE MANETTI	27:46	8:56	ROCKFORD	IL
186	F	3/10	52	KATHY BARTELT	27:47	8:57	DURAND	IL
187	F	7/16	42	STACEY KOHLS	27:50	8:58	LOVES PARK	IL
188	M	8/9	20	JEREMY THORSON	27:51	8:58	ROCKFORD	IL
189	F	11/29	39	HEATHER VEESER	27:52	8:59	GREENVILLE	WI
190	F	2/8	61	DIANA NELSON	27:54	8:59	DIXON	IL
191	F	11/24	34	ANNE MARIE VELLA	28:02	9:02	ROCKFORD	IL
192	M	12/17	33	RICK MARTINEZ	28:03	9:02	OSWEGO	IL
193	M	19/25	43	ERIC BATES	28:08	9:04	ROCKFORD	IL
194	F	12/24	34	KRIS GARGANI	28:09	9:04	ROCKFORD	IL
195	M	20/25	44	BILL NOTHOF	28:10	9:04	ROCKFORD	IL
196	F	8/18	28	CORINNE HAAS	28:11	9:05	ROCHELLE	IL
197	M	10/13	55	MARK WAITE	28:12	9:05	EAU CLAIRE	WI
198	M	21/25	44	JOHN PREVOST	28:15	9:06	VERONA	WI
199	M	11/14	8	DYLAN PAVLAK	28:18	9:07	WINNEBAGO	IL
200	M	12/14	9	MICHAEL KAZMERSKI	28:20	9:08	LOVES PARK	IL

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Place	S	Div/Tot	Age	Name	5k	Pace	City	St
=====	=	=====	===	=====	=====	=====	=====	=====
201	F	12/29	38	MARGOT PADOCK	28:21	9:08	ROCKFORD	IL
202	F	4/4	18	RILEY SUNDBERG	28:23	9:08	ROCKFORD	IL
203	F	2/5	58	MARY MAIER	28:25	9:09	ROCKFORD	IL
204	F	13/24	34	MEGAN WADLEIGH	28:27	9:10	ROCKFORD	IL
205	M	15/18	52	JEFF SUNDBERG	28:28	9:10	ROCKFORD	IL
206	M	3/5	71	JIM DUNKEL	28:29	9:10	ROCKFORD	IL
207	F	3/5	56	DEB SCHRECK	28:30	9:11	LOVES PARK	IL
208	F	13/29	35	MARY SAGONA	28:31	9:11	CALEDONIA	IL
209	M	13/20	36	DEREK SHEEDY	28:32	9:11	ROCKFORD	IL
210	F	4/10	52	LUANN KREITZMAN	28:34	9:12	BELVIDERE	IL
211	F	5/10	50	AUDREY SALBERG	28:35	9:12	ROCKFORD	IL
212	M	12/14	29	TOM KUBOROWSKI	28:36	9:13	ROCKFORD	IL
213	F	5/9	48	ANN JOHNSON	28:39	9:14	ROCKFORD	IL
214	M	6/6	19	JEREMY GRAHAM	28:44	9:15	ROSCOE	IL
215	M	13/14	14	JOSH GRAHAM	28:45	9:15	ROSCOE	IL
216	M	14/20	39	JEFF LECLEIR	28:48	9:16	MACHESNEY PARK	IL
217	F	6/10	53	PATRICIA SCHWEITZER	28:51	9:18	FRANKLIN	WI
218	M	13/17	34	JEFF GREGORY	28:52	9:18	NAPERVILLE	IL
219	F	8/16	44	HARUMI SHEEDY	28:53	9:18	ROCKFORD	IL
220	F	14/29	39	CHRISTINA YOUNG	28:54	9:18	ROCKFORD	IL
221	M	8/11	60	MICHAEL SCHEURICH	28:55	9:19	ROCKFORD	IL
222	F	9/16	40	WENDY NELSON	28:56	9:19	OREGON	IL
223	F	7/10	54	CAROLYN CADIGAN	29:01	9:21	ROCKFORD	IL
224	F	7/10	23	KELLY SCHULTZ	29:05	9:22	ROCKFORD	IL
225	F	10/16	44	SUSAN FISH	29:07	9:23	BELVIDERE	IL
226	F	15/29	36	ANGEL BALLARD	29:07	9:23	STILLMAN VALLEY	IL
227	F	11/16	42	KAREN THOMPSON	29:09	9:23	ROCKFORD	IL
228	M	15/20	37	TODD ISAACS	29:11	9:24	URBANA	IL
229	F	14/24	31	MICHELLE BARTH	29:12	9:24	AURORA	IL
230	F	15/24	34	KRISTI HESS	29:13	9:25	ROCKFORD	IL
231	M	14/17	32	ANTHONY KUCHARSKI	29:17	9:26	BEACH PARK	IL
232	F	16/24	34	RACHEL RIGGLE	29:24	9:28	MACHESNEY PARK	IL
233	M	9/11	61	JOHN TAYLOR	29:32	9:31	ROCKFORD	IL
234	M	10/11	61	GARY TAYLOR	29:35	9:32	CRYSTAL LAKE	IL
235	F	16/29	35	SUE LYONS	29:41	9:34	MALTA	IL
236	M	3/4	68	FRANCIS MONARSKI	29:44	9:34	ROCKFORD	IL
237	F	17/24	31	KARI HELM	29:46	9:35	ROCKFORD	IL
238	F	17/29	39	TARA CEJKA	29:50	9:36	MACHESNEY PARK	IL
239	F	18/29	36	HEIDI EARLY	29:54	9:38	LOVES PARK	IL
240	F	9/18	28	BONNIE BLAKENEY	29:58	9:39	ROCKFORD	IL
241	M	16/20	37	MICHAEL GLOVER	29:59	9:39	ROCKFORD	IL
242	F	10/18	27	JESSICA CHAPMAN	30:01	9:40	ROCHELLE	IL
243	M	4/4	69	PHIL PLATH	30:10	9:43	ROCKFORD	IL
244	F	8/10	24	GINA BORGETTI	30:16	9:45	AURORA	IL
245	M	16/18	52	DAVID BORGETTI	30:17	9:45	BELVIDERE	IL
246	F	11/18	29	HEATHER STILWELL	30:24	9:47	LAGRANGE	IL
247	M	11/13	59	ALAN BROWN	30:26	9:48	ROCKFORD	IL
248	F	6/9	46	SHERI NICHOLS	30:28	9:49	ROCKFORD	IL
249	F	19/29	39	GENEVIEVE MALTBY-BONAV	30:31	9:50	ROCKFORD	IL
250	F	12/16	43	CONNIE JACOBS	30:34	9:51	CALEDONIA	IL

WATERFRONT 5K								
Rockford, Illinois Aug. 30, 2008 8:00 A.M.								
Place	S	Div/Tot	Age	Name	5k	Pace	City	St
=====	=	=====	====	=====	=====	=====	=====	=====
251	M	22/25	42	MICHAEL FOREMAN	30:39	9:52	ROCKFORD	IL
252	M	17/20	37	WILLIAM ROWALD	30:45	9:54	ROSCOE	IL
253	M	23/25	40	THOMAS GENGLER	30:57	9:58	CALEDONIA	IL
254	M	14/14	8	JONAH BARR	31:14	10:04	BYRON	IL
255	M	15/17	34	DUSTIN TAYLOR	31:15	10:04	ROCKFORD	IL
256	M	18/20	38	CHARLES EBY	31:31	10:09	STREAMWOOD	IL
257	F	8/10	54	ANNE TORRISI	31:43	10:13	ROCKFORD	IL
258	M	12/13	59	ALLAN CARLSON	31:53	10:16	ROCKFORD	IL
259	F	20/29	39	DARCY INMAN	31:56	10:17	ROCKFORD	IL
260	F	4/5	58	ELIZABETH CARLSON	32:01	10:19	ROCKFORD	IL
261	M	24/25	41	DAN PAROD	32:17	10:24	LOVES PARK	IL
262	F	12/18	29	KIMBERLY POLLARD	32:28	10:27	ROCKFORD	IL
263	F	13/18	25	KRISTY BROWNING	32:30	10:28	CHICAGO	IL
264	F	14/18	25	MEGHAN ANDERSON	32:31	10:28	SOUTH BELOIT	IL
265	M	19/20	37	GEORGE BATHJE	32:41	10:31	ROCKFORD	IL
266	F	18/24	31	SUMMER BAGLEY	32:46	10:33	ROSCOE	IL
267	M	16/17	34	JASON BAGLEY	32:47	10:33	ROSCOE	IL
268	F	21/29	38	SHELLY REID	32:48	10:34	ROCKFORD	IL
269	M	25/25	40	RYAN STRICKER	32:49	10:34	BELVIDERE	IL
270	F	22/29	39	KELLY GALE	32:51	10:35	STILLMAN VALLEY	IL
271	F	3/8	61	EMMA SCOTT	32:53	10:35	ROCHELLE	IL
272	M	20/20	35	GREG WOODFORD	32:58	10:37		
273	F	23/29	35	PAMELA CRANDALL	33:05	10:39	EDGERTON	WI
274	F	24/29	38	MEGAN WAND	33:09	10:40	NAPERVILLE	IL
275	F	13/16	43	ALLISON BOOTH	33:12	10:41	ROCKTON	IL
276	M	13/14	26	ERIC TEWELL	33:36	10:49	ROCKFORD	IL
277	F	9/10	24	NICOLE OBIE	33:50	10:54	MORRIS	IL
278	F	7/9	48	EVELYN SMITH	34:00	10:57	ROCKFORD	IL
279	F	8/9	45	BETH ROE	34:07	10:59	ROCKFORD	IL
280	M	9/9	24	GABRIEL CHAVEZ	34:13	11:01	ROCKFORD	IL
281	F	7/10	9	ISOBELLA JAYCOX	34:14	11:01	ROCKFORD	IL
282	F	14/16	42	LISA DOLL	34:14	11:02	ROCKFORD	IL
283	F	15/18	27	STEPHANIE TOLLERS	34:15	11:02	WINNEBAGO	IL
284	F	19/24	31	STACI KUCHARSKI	34:36	11:08	BEACH PARK	IL
285	M	17/17	32	ADAM TOLLERS	34:37	11:09	WINNEBAGO	IL
286	F	16/18	25	JENNIFER POTURALSKI	34:49	11:13	SCHAUMBURG	IL
287	M	17/18	50	B. ROY RONCAL	35:00	11:16	ROCKFORD	IL
288	M	4/5	75	NICHOLAS VALERIO JR	35:05	11:18	HOBE SOUND	FL
289	F	10/10	23	STEPHANIE CELLA	35:21	11:23	ROCKFORD	IL
290	F	25/29	37	MELANIE WINGO	35:22	11:23	MACHESNEY PARK	IL
291	M	5/5	70	GLENN GREENBERG	35:32	11:26	ROCKFORD	IL
292	F	5/5	56	JOAN PARKER	35:37	11:28	BLOOMINGDALE	IL
293	F	20/24	34	AMI PENNING	35:40	11:29	ROCKFORD	IL
294	F	15/16	42	REBECCA NELSON	36:33	11:46	ROCKFORD	IL
295	F	21/24	31	LISA FLANDERS	36:42	11:49	SOUTH BELOIT	IL
296	F	9/10	53	KAREN FRIDLEY	37:05	11:56	ROCKFORD	IL
297	F	26/29	37	JILL LEE	37:34	12:06	ROCKFORD	IL
298	M	13/13	59	BRUCE PARKER	37:58	12:13	BLOOMINGDALE	IL
299	F	17/18	25	ELIZABETH MUNDY-HEMMER	38:13	12:18	CRYSTAL LAKE	IL
300	F	9/9	48	TINA SMITH	39:03	12:35	MILTON	WI

WATERFRONT 5K								
Rockford, Illinois Aug. 30, 2008 8:00 A.M.								
Place	S	Div/Tot	Age	Name	5k	Pace	City	St
=====	=	=====	====	=====	=====	=====	=====	====
301	F	22/24	31	KRISTI DICKMAN	39:07	12:36	ROCKFORD	IL
302	F	4/8	63	SUSAN TAYLOR	39:20	12:40	CRYSTAL LAKE	IL
303	F	8/10	14	HEATHER THOMPSON	39:23	12:41	WINNEBAGO	IL
304	F	16/16	40	XAN MILNE	39:58	12:52	LOVES PARK	IL
305	F	27/29	38	MELISSA ROUSH	41:04	13:14	BELVIDERE	IL
306	M	18/18	54	PHIL BEST	41:05	13:14	BYRON	IL
307	F	18/18	26	PAULA NOYCE	41:39	13:25	STOUGHTON	WI
308	F	5/8	63	MARSHA DRABEK	42:35	13:43	MACHESNEY PARK	IL
309	F	6/8	61	MARILYN GOEPFERT	44:45	14:24	ROCKFORD	IL
310	F	23/24	32	SARAH ISAACS	45:00	14:29	URBANA	IL
311	F	7/8	63	ROSE ANSTIN	45:06	14:31	BELVIDERE	IL
312	F	8/8	61	CAROLE NAFZIGER	45:10	14:33	ROCKFORD	IL
313	M	11/11	64	LOWELL NAFZIGER	45:11	14:33	ROCKFORD	IL
314	F	10/10	54	BARBARA FAY	45:12	14:33	ROCKFORD	IL
315	F	9/10	8	KURSTIN FREY	45:24	14:37	MACHESNEY PARK	IL
316	F	28/29	35	NIKKI FREY	45:36	14:41	MACHESNEY PARK	IL
317	F	24/24	33	ASHLEY BOND	45:48	14:45	ROCKFORD	IL
318	F	10/10	12	BRENNA GENGLER	46:10	14:52	CALEDONIA	IL
319	F	29/29	39	KIMBERLY GENGLER	46:11	14:52	CALEDONIA	IL
320	M	14/14	27	JASON SJO	48:27	15:36	MORRIS	IL
321	M	22/22	46	SCOTT SCHALLBERG	1:06:00	21:15	ROCKFORD	IL